

YOU ARE  
SUPER DUPER  
AMAZING  
TALENTED  
GO GETTER  
LET NOTHING  
STAND IN  
YOUR WAY  
EVER

# Monday 6th July

Morning prayer

<https://www.tentenresources.co.uk/daily-prayers-for-home>

## Holy-days

The prayers this week help children to plan ahead and prepare for the summer holidays, something they might usually be very excited for, but perhaps a little less so this year – they might feel like they've already had a long holiday at home!

The word 'holiday' comes from 'holy day', when people would be allowed time off work to observe religious festivals and feast days. Today, a holiday means any time off from our usual work. These prayers consider how children's 'holidays' can truly become 'holy days'.

Each day children will be led in reflection using Psalm 34 (note that this is the Sunday Psalm from last week, rather than 5th July) and offered a suggestion for an activity to do, either this week or during the holidays. You might like to encourage children to keep a list of these activities so that they remember them.



# Spelling

The spelling tasks this week are based on this half term's spelling words.

Here is a list of this term's spelling words to help you.

| Week 1<br>Words<br>ending in the<br>suffix -al | Week 2<br>Words<br>ending with<br>an /zhuh/<br>sound spelt<br>with 'sure' | Week 3<br>Words<br>ending with<br>a /chuh/<br>sound spelt<br>with 'ture' | Week 4<br>Words<br>ending with<br>a /chuh/<br>sound spelt<br>as 'ture' | Week 5<br>Silent<br>Letters<br>Revision |
|--|---|--|--|---|
| natural  | treasure  | creature   | lecture  | island                                  |
| occasional                                     | measure   | picture  | literature   | answer                                  |
| actual   | pleasure  | nature   | mature   | write                                   |
| accidental                                     | enclosure   | furniture  | miniature  | wrapper                                 |
| medical  | closure   | capture  | mixture  | knife                                   |
| national                                       | leisure   | culture  | puncture   | knock                                   |
| capital  | exposure  | moisture   | sculpture  | thumb                                   |
| vocal  | pressure  | future   | signature  | doubt                                   |
| sensational                                    | composure   | gesture  | temperature  | half                                    |
| personal                                       | fissure   | structure  | texture  | calm                                    |

Spot the spelling mistakes.

Highlight them , correct them and write them in the grid below.



Activity 1

I would love to bild my own house of the fewcher. It would be built on an ieland and would have a large enclozhuh for my miniacher ponies. The building would be made of wood with a smooth texchuh while the furnichure would be made with woven weat and hay bales.

There would be solar panels and a temprature control for every room so I never get too hot or too cold! Each room would be painted in carm colours to help me relax.

Mr Whoops needs to practise these words:

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

# Reading Monday

We've noticed that there are not many of you doing Bug Club each day.

Please log on, read your books and remember to **answer the questions!**

We are checking each week to see who is reading!



## Bug Club

As it was sports week a couple of weeks ago, here is a reading task about Usain Bolt!

# Usain Bolt

## Biography

So, how do you become the best sprinter of all time?

Usain St. Leo Bolt once said, 'When I was young, I didn't really think about anything other than sports.' Whilst at secondary school, Usain focused on sprinting, which led him to win his first High School Championships medal. Since then he has set new world records, overcome injuries, won many medals, become a hero in his home country of Jamaica and he hasn't even finished yet!

Usain was born on 21st August 1986, in Jamaica. As a child, he really enjoyed playing football and cricket.

Bolt took part in his first race whilst at primary school, however, at that time he preferred playing cricket. In an interview, he once said that if he hadn't become a sprinter, he would have loved to be a fast bowler like his cricketing hero, Waqar Younis.



At high school, Usain focused on sprinting and won his first silver medal in the 2001 High School Championships. His talent caught the eye of former Jamaican Olympic sprinter Pablo McNeil, who went on to become his coach. Pablo would sometimes get frustrated with Bolt as he didn't always take his training seriously and liked playing practical jokes.

The 2001 World Youth Championships was Usain's first appearance on the world stage. He didn't win any medals but he did set a new personal best in the 200m race. The World Junior Championships came next and it was here that Bolt became the youngest World Junior gold medallist.

| Olympic Games | Event             | Medals |
|---------------|-------------------|--------|
| 2008 Beijing  | 100m, 200m, relay | Gold   |
| 2012 London   | 100m, 200m, relay | Gold   |

# Usain Bolt

In 2004, Usain became the first junior sprinter to run 200m in under 20 seconds. It was then that he turned professional and was given a place on the Jamaican Olympic team. He went to the Olympic Games in Athens in 2004 but a leg injury stopped him from winning any medals.

As the years passed by, Usain took his sport more seriously and began to train harder to win events. At the 2008 Beijing Olympic Games, he broke more world records and won gold in the 100m, 200m and relay events. This was followed by the World Championships in Berlin, where he improved his times even more.

Bolt competed in the 100m, 200m and relay at the London 2012 Olympic Games and won gold in all three events again. After the races, a fellow runner said, 'There's no doubt he's the greatest sprinter of all time.'

Usain continues to be a successful sprinter but plans to retire in 2017. He is nicknamed 'Lightning Bolt'.





# Usain Bolt Comprehension

Try to answer the questions using full sentences.

1. When and where was Usain born?

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2. True or False – Usain didn't win any medals at the 2001 World Youth Championships but he did set a personal best time in the 200m race.

| True | False |
|------|-------|
|      |       |

3. What did Usain become the first junior sprinter to do in 2004?

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4. How do you think Bolt felt when he was chosen to represent his country in the Olympic Games?

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5. What is his nickname?

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6. How many gold medals did Usain win in the 2008 and 2012 Olympic Games?

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7. How do you think Usain feels about competing in the 2016 Olympic Games in Rio?

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# Usain Bolt Answers

1. When and where was Usain born?

**Usain was born in Jamaica on 21st August 1986.**

2. True or False – Usain didn't win any medals at the 2001 World Youth Championships but he did set a personal best time in the 200m race.

**True**

3. What did Usain become the first junior sprinter to do in 2004?

**In 2004, Usain became the first junior sprinter to run 200m in under 20 seconds.**

4. How do you think Bolt felt when he was chosen to represent his country in the Olympic Games?

**Answers will vary.**

5. What is his nickname?

**Usain's nickname is 'Lightning Bolt'.**

6. How many gold medals did Usain win in the 2008 and 2012 Olympic Games?

**Usain won three gold medals in the 100m, 200m and relay events at both the 2008 and 2012 Olympic Games, which makes six gold medals in total.**

7. How do you think Usain feels about competing in the 2016 Olympic Games in Rio? Why?

**Answers could include: excited because he has a great chance of winning more medals, nervous because people have high expectations of him, worried that he may pick up another injury like the 2004 Games, and / or confident because he knows he is the fastest sprinter of all time.**

# Creative Writing Monday

**Finish the Story! Can you include verbs like in the sentence challenge too?**



## **Sentence challenge!**

Personification is when you give human qualities to an object or animal. It adds interest or understanding to a poem or story.

E.g. Lightning danced across the sky.

The wind howled in the night.

**Can you use personification in your writing? Can you find any personification in my writing?**

## **Story starter!**

Three weeks. That is how long the ship had been like this; empty, abandoned, alone...

Now, all was still. All was calm. The ship lay there, as if in a peaceful slumber, gently rocking like a baby's cradle in the tranquil bay. The sea barely moved. It was covered in a thin layer of wispy mist that sat on top of the water like a comforting blanket, gently illuminated by the fading sunlight.

A bird landed gently on the mast of the lonely ship, pleased to have found a resting place after a long journey.

Everything seemed to have turned blood-red. The sun looked down on the bay from his position in the sky, soon to go to sleep himself, casting a crimson light over the clouds and the milky water in the bay. What had happened here? Why was it so peaceful? Had it always been so?

**Can you tell the story of the shipwreck, describing how it happened? Think about where the crew are now...Are they safe or in danger?**

**You could write the story from the perspective of one of the crew, or you could write as the bird sitting on the mast.**

# Maths Monday



**Remember:**

**Please log in to these for maths before you do My Maths. These will help you with the tasks for My Maths this week.**

# Maths Monday



**Remember daily:**



Monday: Short multiplication,

Tuesday: Short division,

Wednesday: 4x table,

Thursday: 8x tables

Friday: Multiplication and Division Overview

# Topic – History

Horrible Histories television show will host 'Home School History', which will provide 15 minute History lessons across a range of topics.

Tune in at 9.30 am on Mondays from 20th April.

The lessons can be found at the following link: <https://www.bbc.co.uk/programmes/m000hmmf>

You can catch up on any missed episodes here.

# Topic

Science and History Projects are due on Friday

See the Topic Powerpoint for:

RE

Science

History

Music

PSHCE