Kit List



Indoors

Bedding:

2 x single sheets or 1 x single sheet and 1 x duvet cover. 2x pillowcases.



For hygiene reasons - No Sleeping Bags

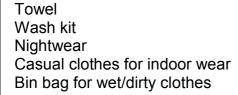
Clean indoor shoes or slippers







For safety reasons - No flip flops or large novelty slippers







Outdoors





Walking boots or trainers

- 2 Jumpers/fleece
- 2 Jeans/trousers
- 2 T- Shirts

Several pairs of socks (at least one thick









Drinks bottle - to refill each day

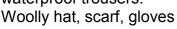


Small rucksack and lunch box

Wet/Cold Conditions:

Extra layers - jumpers/fleeces, socks etc

Warm and waterproof coat and waterproof trousers.





Sunny/Hot conditions:

Sun cream, sun hat, shorts



