



Newsletter November 13th 2020

Dear Parents,

We have all successfully arrived at the end of another week and we are pleased to say that we are very proud of how the children are coping with a second lockdown – we do recognise that there is probably very little change for them as the majority of pupils are attending school. Thank you parents for getting them into school on time each day.

Nut Free School

We are a Nut Free School, as many other school are, and as such we ask everyone to respect and support this not least because a child's life is at risk. However we are very aware that many supermarkets have started to label their cheaper own brand products as; "May Contain Nuts" which we have asked to not be sent into school due to the possibility of risk. This makes a big impact on the shopping bill which some of you have drawn our attention to.

The main problem we have is with cakes, chocolate biscuits and cheesie biscuit type snacks so can we not save those type of things for home snacks? If sweet things are needed in a lunch box, why not put in an extra yogurt, grapes, melon, raisins, other fruit, vegetable sticks or a smoothie? Crunchy cheesie biscuits can be replaced with any number of crisps snack or even bread sticks. This is a small change we are asking for but it is healthy and economic.

Coronavirus guidelines for parents and carers

BCP schools have had great attendance of children in our schools since they re-opened. We want to thank parents for continuing to send their children to school in the autumn term. We have learned a great deal from yourselves and our colleagues in Public Health about what is working and where we may need to make some alterations. As we did in September and June, we are asking for your help in keeping schools as safe as possible. We know that you and we believe that pupils and students being safely in schools and colleges is the best way to address any learning gaps and to protect their future opportunities.

What do we need to ask you to keep doing?

Please keep following the guidelines at your schools based on their risk assessments. We developed these together as a system and they are working. About half of schools and setting have had no confirmed cases and those that have had one usually have just 1 or 2.

No cases are confirmed to have started in a school or college in BCP; they have almost all come from family positive test or from social interaction outside of school or college bubble. Though largely parents and carers have followed all guidelines in place we feel the need to stress some important messages to keep you child, your family and school community safe and well.

Don't send your child to school with symptoms

Please do not send your child to school if they have the following coronavirus symptoms.

- High temperature
- Continuous cough
- Loss or change in sense of taste
- Loss or change in sense of smell

[More information on symptoms of coronavirus](#) Many of you have kept a child home with these symptoms and sought tests. Schools will send pupils with these symptoms home, but if you have a doubt and wait to understand the illness your child has, you are helping to keep all pupils in school as much as possible which is what we all want.

When a test is confirmed we trace all close contacts with the confirmed case for the most infectious 48 hours. If your child goes in with symptoms, it risks spreading the virus to others and will could mean a large number of pupils are told to self-isolate. In one case it has led to an entire school having to work from home.

[Public Health Dorset has produced information](#) about what to do if your child is experiencing symptoms of coronavirus but also what to do if your child falls ill not related to coronavirus. This will help you make an informed decision.

Self-isolate if waiting for a test

If you or your child has [symptoms of coronavirus](#), your whole household must self-isolate immediately and [book a COVID-19 test](#).

Your whole household must isolate until you get your test result back. If the test comes back negative then you can carry on your normal activities.

Self-isolation means that. You must not leave your house. You are not just not going to school or work, you are not to travel or visit the beach or park and you are not allowed to exercise or shop. You may not invite people to your house.

You may need family and friends to help you get essentials such as food or medication during the time you are isolating. In BCP there is a lot of support in place for families and individuals who are self-isolating.

There is a very supportive system in place in BCP and Dorset for people having to self-isolate and details are set out at the bottom of this note.

Breaking self-isolation is [fineable](#). Schools, Public Health and the council do not want to go down this route; we would appeal to parents and older pupils to think about how much schools being open is

valued. Attendance has been high and pupils, students and teachers have been enjoying being back together and working.

The more we stick to the rules, the less likely we are to have an outbreak and the more able we will all be to catch up on missed learning.

What to do if you or your child are 'close contacts'

If your child has been classed as a close contact of a positive COVID-19 case, then they will be asked to complete 14 days of self-isolation from last contact with the confirmed case.

This means that they cannot leave home.

If you have other children at school then the child self-isolating cannot come with you on school runs either in the car or walking. Talk to your school about any difficulties you have with this, they and the Council will do what we can to help.

While your child is self-isolating you may need to ask family or friends to pick up your other children.

Your school will ensure that you have access to learning for any children self-isolating who remain well enough to do so. They will also discuss with you how to access FSM and other support as needed.

If you are currently self-isolating as a close contact, then you must arrange for friends or family to do the school run. You must not come to school or leave your home. If you go on holiday abroad and are required to quarantine, you must not do the school run and must make other arrangements.

If you or your child develops [coronavirus symptoms](#) then you must self-isolate immediately and [book a test](#).

[Support](#) in BCP for people with Covid is on the Council's website and there was also an online briefing on the disease in the area which is on you tube; <https://www.youtube.com/c/BCPCouncil>

A Ministerial Directive to encourage and support people having to self-isolate due to COVID-19, now means that if someone has been told to self-isolate on or after 28 September 2020, they are under a legal obligation to do so, and could be eligible for a £500 Test and Trace Support Payment if they live in England and meet all the criteria.

Full details of entitlement and how it works can be found here:

<https://www.gov.uk/government/publications/test-and-trace-support-payment-scheme-claiming-financial-support/claiming-financial-support-under-the-test-and-trace-support-payment-scheme>



#DorsetTogether

- call our helpline on **01305 221000** (8.30am to 5pm Monday-Friday)
- email communityresponse@dorsetcouncil.gov.uk
- complete the [Covid Online Form](#)



BCP Council

Need support?
Our COVID-19 community response helpline is open 9am to 5pm, Monday to Friday for people in vital need of food and essential household items

0300 1237052

Complete our online form to ask for help

#TogetherWeCan

How to stop COVID-19 spreading There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19 Do • wash your hands with soap and water often – do this for at least 20 seconds • use hand sanitiser gel if soap and water are not available • wash your hands as soon as you get home • cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze • put used tissues in the bin immediately and wash your hands afterwards

Mental Health and Wellbeing

Support in BCP for people with Covid is on the Council's website and there was also an online briefing on the disease in the area which is on you tube; <https://www.youtube.com/c/BCPCouncil>

West Howe Community Enterprises presents...

TELEPHONE FRIENDSHIP GROUPS

Are you feeling lonely during these uncertain times? Do you feel isolated?

We are starting some telephone friendship groups.

All you do is call using a landline or mobile. No tech experience necessary!

Please get in touch to participate!
phone: 01202 580299
email: asha.ward@westhowe.net

West Howe Community Enterprises
Prima supporting people at home

Staffing

We said farewell to Mrs Bending today and the children in Year R, Year 1 and Year 2 all enjoyed a virtual assembly this afternoon to wish her well. Interviews for a new TA to replace Mrs Bending take place next week.

Exciting Children's Author – Virtual Visit

Michael Rosen is a former Children's Laureate and has written 140 books and poems, the most famous of which is probably 'We're Going on a Bear Hunt' but his works include 'These Are the Hands' (a poem dedicated to the NHS), Chocolate Cake and many more. We really are very lucky indeed that he will be visiting and so looking forward to the event on 4th December 2020.

Anti Bullying Week

Next week we will be having a focus on 'kindness' and what to do if someone is being unkind, or even repeatedly unkind (bullying). This important topic includes celebrating differences and promotes tolerance, kindness and justice. Children may wear odd socks again on Monday to remind us that we are all different, but special.

Spaghetti Dip

We wish Samuel in Y2 every success for his spaghetti challenge this weekend. We are very proud of you Samuel and the courage you show in raising money to help other children. Samuel is fund raising for the premature baby unit at Southampton hospital.

World Prematurity Day is next week - 17th November.

Harvest Collection

Christ the King School donated 209kg of food to Kinson & West Howe Foodbank last month.

They are extremely grateful for everyone's generosity especially at a time when there is additional pressure on all families.

RHE (Relationships and Health Education)

The parent portal should answer any query you have regarding our RHE programme – if you haven't had a chance to watch the parents video please do so. The programme is integrated within our SMSC (spiritual, Moral, Social and Cultural education).

We have already started teaching the Life to The Full programme, but at this point we are not actively teaching the content related to the consultation questionnaire. We will keep you informed as to when these decisions have been finalised. We urge you to log on and if you have any further queries please contact us on chrittheking@ctkcps.com Thank you.

Visit: www.tentenresources.co.uk/parent-portal

Username: ctk-bh11

Password: yellow-crown

Children in Need

Thank you for putting our Children in Need 'odd socks' collection. We really want to use this money to support the mental health and wellbeing of children within our community THANK YOU.

Flu Immunisations

Flu immunisations will be going ahead in December. Please log on and book your child a flu vaccine as they will not be able to be immunised without this.

Pupil Progress and Targets

I hope that all parents enjoyed reading your child's progress and target record sent home last week. If you wish to discuss the targets or any concerns with your child's class teacher please let them know with the slip provided and they will arrange a convenient time to talk.

EYFS Open Day

We are still putting the final touches to our virtual tour – please bear with us as we complete the video for all new starters for September 2021 entry and pre-school.

Remembrance

Thank you to our Year 6 pupils who prepared and delivered a virtual remembrance assembly to the pupils in school this week. It was a poignant service and demonstrated growing leadership skills in our oldest pupils.



Let Us Pray

We give thanks for:

- Our armed forces and emergency services who put their lives at risk helping others.
- Everyone who is doing their bit to show kindness to their neighbours.
- Our friends and family.
- Our School community.

We pray for:

- All those who are suffering because of COVID-19.
- All of our families – that our homes may be filled with peace, hope, love always.
- Fr Chacko and all local clergy that they continue to inspire and support us in faith, hope and love.

And finally, have a good weekend and enjoy time with your loved ones.

Best wishes to you all.

Clare Tickel

Headteacher

