



19<sup>th</sup> March 2021

### Christ the King News

Dear Parents and Carers,

The return to school has been a great success on the whole. We have been really pleased to see the children being so enthusiastic about coming back to school and they all seem to be re-adjusting extremely well. If you have any concerns about your child, please let us know so that we can support them.

Teachers are working hard to identify and address any gaps in learning. For many pupils, it has been positive and is a testament to all the hard work done by teachers, children and parents during the most recent remote learning. In line with the guidelines issued to schools by the Department of Education, we have set up 'catch up' groups taking place before and after school and during the school day for those pupils who need it.



Thank you for your support in following the protective measures put in place in school. All the little things that we do make a big difference and that can only happen with your co-operation. We do realise that some of the measures may be inconvenient, such as the staggered collection times, and wearing masks during drop off / pick up times, but these measures are in place to keep all the school community safe.

**Please wear a mask at all times when on the school site. Thank you**



### **ONLINE SAFETY**

WhatsApp is an instant messaging app which lets you send messages, images and videos in one-to-one and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group. The official age rating for WhatsApp is 16+ but we are aware of children using it at a much younger age. Click on the link below for more details.

<https://www.net-aware.org.uk/networks/whatsapp/>

### **Staffing News**

We are pleased to welcome Miss Pain to the Year 2 team. Miss Pain will be teaching Thursday and Fridays in Year 20A to cover Miss Oppo's maternity leave. Both Miss Oppo and Mrs Shutler commence their maternity at the end of this term and we wish them both well for the imminent arrival of their babies.

### **Mental Health**

Dorset NHS have shared a video with us that you may find helpful if your child is struggling with the return to school: <https://www.youtube.com/watch?v=D3GkzXqKiHQ> This is well worth a watch!

### **School Class Photos**

Class photos will take place on Monday 29<sup>th</sup> March 2021!

### **School Video**

Please follow the link below and share with family and friends:

<https://youtu.be/33ZmKW4ipS4>

### **Thank You**

Thank you to parents for overwhelming staff with gifts over the past week – chocolates, cupcakes, croissants and even flowers for the Year 3 pots!



### **Celebration of Learning**

Year 5 Greek mythological paper mache puppets



Year 6 enjoyed looking at what they can be fruitful for in RE.



Year 6 have been investigating nets of 3D shapes.



### **New Ukuleles!**

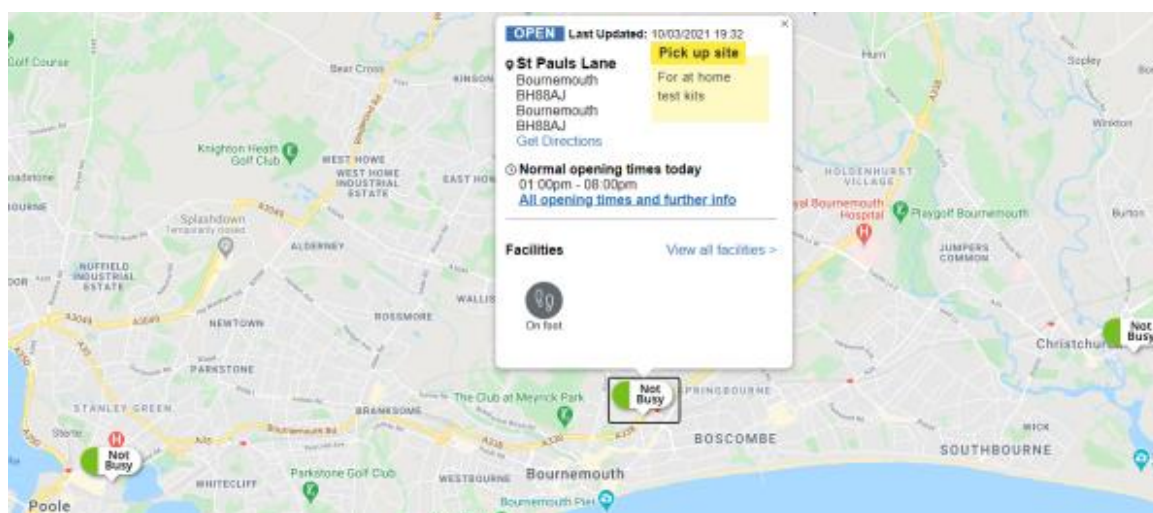
We are thrilled to have been given 60 new Ukuleles by our local Music Hub “Soundstorm”. These will initially be used by Year 4 as part of the First Access Programme, where every child learns a musical instrument. In previous years, Ukuleles have been hired, but now that we have these in school to keep, it means other year groups will be able to use them and there will be an opportunity for children to carry on learning beyond the 10-week initial Programme. Here's Year 4 enjoying their first lesson!






## COVID 19 – Testing Families

NHS Test and trace recently announced that all adults in households with school and college age children can now access rapid free COVID-19 tests. There are a number of ways in which you can access these, but the preferred method is that the kits are collected from one of the sites in the area. You can find further details by following this link <https://tinyurl.com/3mn6mmcv>. As you can see from the map below, there are sites in Bournemouth, Christchurch and Poole (there is also a site in Ringwood)




Below is also further information on how to order or collect tests. This useful video explains how to test at home: <https://tinyurl.com/yjta6t88>



# Parents with children at nurseries, schools and colleges

## A guide to regular rapid Covid-19 testing



### Regular rapid testing is now available for parents, their households and bubbles.

Regular rapid testing is a fast and easy way to find out if you have coronavirus and help protect your loved ones and community. It's free and takes around 30 minutes.

### Why introduce regular rapid testing?

Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing.

Regular rapid testing is now available for parents of nursery, school children and college students. As well as adults in their households, childcare and support bubbles.

Regular testing for people without symptoms is already taking place across the country. Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease.

As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures.

### Regular testing for school staff and students

Regular rapid testing is already available to all staff at nursery, primary and secondary schools and colleges.


Secondary school and college students aged 11 and above will continue to access regular rapid tests directly through their school or college. And we continue to encourage them to get tested.

On return they will initially be supervised while testing at school and then continue to test themselves at home with test kits they will get from school or college.

Nursery and primary school children are not being asked to be tested as evidence continues to show that children and young people are at low risk from Covid-19 and are very unlikely to get seriously ill.

### What is the benefit to you?

By taking part in regular rapid testing, you'll be protecting yourself and your loved ones. And helping us all get back to a more normal way of life.



## How does it work?

It's a simple swab test you can do at home, school, work or test site, using a Lateral Flow Device (LFD). It takes around 30 minutes to find out if you have the virus.

The test detects viral proteins that are present when someone has Covid-19. Research from Public Health England and Oxford University shows that they pick up the vast majority of people in the most infectious stage of the disease. With up to 1 in 3 people who have the virus showing no symptoms – they could be spreading it without knowing.

**Testing should take place twice a week, every three – five days, ideally in the morning. Why not add this to your morning routine?**

If you test negative, you can continue to go to work. You should still strictly follow all other government guidelines and avoid all unnecessary contact. If you, your household or bubble test positive, you should all self-isolate immediately. And then the person who has tested positive should also take a confirmatory PCR test and follow latest government guidance.

For more information visit [gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms](https://www.gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms)



YouTube Introduction to Rapid Lateral Flow testing

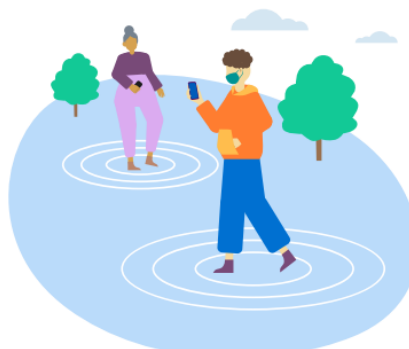


## Reporting your test

You should **report your results online straight away**, even if your result is negative or void. It's easy to do at: [gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result)

Results can also be reported via **telephone by calling 119** (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

If you have tested positive, you can also check to see if you are eligible for the £500 Test and Trace Support Payment.



## Where can I get tested?

If you are a parent or adult of a household, childcare or support bubble you can either:

1. Get an assisted test at work if it is available.
2. Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.
3. Order a test online to do at home.

To find out how to get a free rapid Covid-19 test visit [gov.uk/coronavirus-school-household-testing](https://www.gov.uk/coronavirus-school-household-testing)

Regular rapid testing is for those without symptoms of Coronavirus. If you have symptoms, you should continue to book through [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

As with the testing in school, this initiative is recommended but not compulsory. It is also only to check for asymptomatic cases, if anyone in your household has symptoms of COVID-19 (new continuous cough, high temperature, loss or change in sense of taste or smell) you all must follow the stay at home guidance and order a PCR (laboratory) test: <https://tinyurl.com/vr6pdmnr>

This further rollout of asymptomatic testing will help identify more cases of COVID-19, so I would encourage you all to take part. To clarify the situation: Adults in households with school age children can access these tests by following the instructions in the attached leaflet – the school is NOT able to supply you with testing kits.

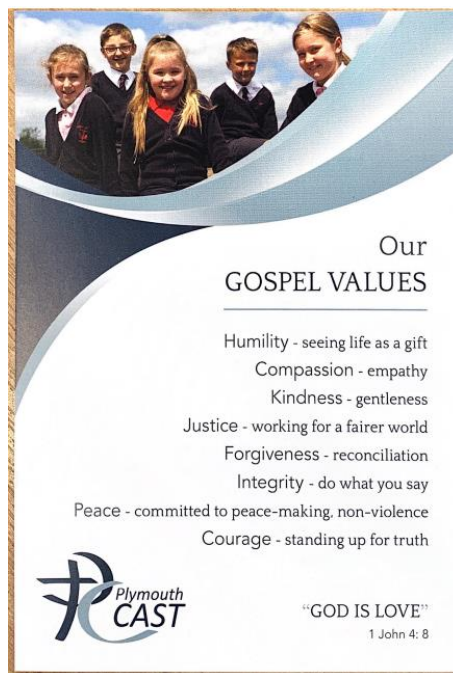
**LENT**  
Pray + Fast + Give

### CAFOD Family Fast Day

This LENT CAFOD we are celebrating Family Fast Day is on Friday 26<sup>th</sup> March. Children may come into school with on this day in 'mufti PE' uniform in exchange for a pound to raise money for CAFOD – the Catholic Association for Overseas development.

### Our Gospel Values

This half term we are focusing on the virtue 'Justice'. Below is a reminder of the Trust values that we embrace at Christ the King School.

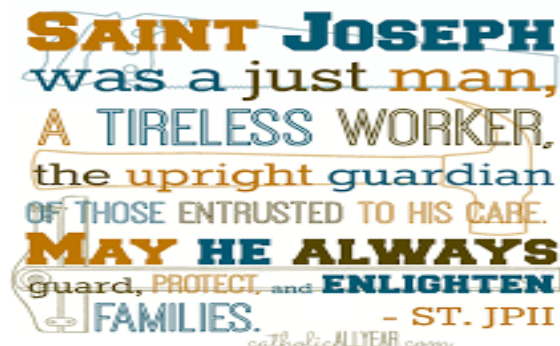


### Let Us Pray

St Patrick's Day is celebrated on 17<sup>th</sup> March each year. To all of our Irish family we wish you a very happy St Patrick's day. We ask St Patrick to pray for us.



Friday 19<sup>th</sup> March is the feast of St Joseph. Pope Francis has dedicated 2021 to the works of St Joseph. St Joseph never made himself the centre of things, he was a gentle, kind and loving father. Through him we recognise and value our own fathers and the loving role and vocation this is. St Joseph pray for us!



We give thanks for:

- All fathers and mothers for all that they do, especially for their enduring love.
- The inspiration of saints who serve as a model for us and inspire us to walk in the footsteps of Jesus; living simply and loving our neighbour as ourselves.
- The vaccination programme and the slow road back to life.
- The joy each child brings to their family and staff here at Christ the King School.

We pray for:

- The ongoing health and protection of our community
- Those quarantining, that they remain well and return to school soon.
- Those who are unwell, especially a parent, a pupil and one of our governors
- Those who have recently died, may their souls rest in peace.
- Fr Chacko and all of our priests and local clergy

**And finally**, I hope you all manage to enjoy the weekend. Let us all try to 'stop' and pause for a while, to put 20 minutes aside this weekend to be still, to pray with gratitude for our children.

Best wishes to you all.

Clare Tickel  
Headteacher

*faith*  
*hope*  
*love*

