



## High expectations and learning outcomes for all

**RRS Article 28: Every child has the right to an education**

**RRS Article 34: Governments must protect children from sexual abuse and exploitation**

### **Sex and Relationships Policy**

**Mission Statement:** We aim to develop our children's spiritual, moral, social, emotional, intellectual, physical and healthy well-being to their full potential.

**Introduction:** At Christ the King School we are committed to being a caring Community, where each person is respected and valued as a unique child of God. We therefore, take all reasonable and practical steps to ensure that we work with our parents, our children's first educators, to provide children with knowledge and understanding of themselves and the world around them. Through the promotion of personal, moral and social development children will be helped to develop mutual respect, dignity, and responsibility in dealing with themselves and with relationships.

#### **Aims:**

- ❖ To help children to develop awareness of and respect for their own bodies and feelings.
- ❖ To help children to develop and understanding of their rights and responsibilities with respect to their own feeling and bodies.
- ❖ To help children to extend their awareness and understanding of other people's feelings, bodies, rights and responsibilities.
- ❖ To explore the meaning and value of life.
- ❖ To develop an understanding of the value of family life.
- ❖ To begin to understand the changes they will experience both physically and emotionally as they grow.
- ❖ To enable them to develop the confidence to discuss these changes with appropriate adults.
- ❖ To help children to understand the process of human reproduction within the context and values of Catholic family life.

#### **Delivery:**

We teach sex education through different aspects of the curriculum. While we carry out the main sex education teaching in our personal, social and health education (PSHE) curriculum, we also teach some sex education through other subject areas (for example, science and PE), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing.

The Life Education Van visits biannually (next visit Autumn 2017).

PSHCE lessons are timetabled weekly.

In PSHCE we teach children about relationships, and we encourage children to discuss issues.

In science lessons:

**In Key Stage 1** we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the differences between people and how to show respect for each other.

**In Key Stage 2** we teach about life processes and the main stages of the human life cycle in greater depth.

**A Journey in LOVE- A developmental programme for children in the primary years** is recommended by Plymouth Diocese and will be the main resource used to explicitly teach about Sex and Relationships from Nursery to Year 6. The content will be made available to parents prior to the lesson and parents will have the right to withdraw their child from this lesson if they wish.

Each Year group has one unit to be covered in that year, the structure of each unit covers: Physical, Social, Emotional, Intellectual and Spiritual; with Activities, Pause and Reflect, Prayer under each of the subheadings. Learning objectives, key words and diagrams accompany each unit.

**Safeguarding-** Children are taught how to keep themselves safe through aspects of the PSHCE Curriculum and the SRE Programme.

**Parents:**

The school fully supports our parents in their role as their children's primary educators in sex and relationships education. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and co-operation.

In promoting this objective we will ensure that:

- Parents will be notified of the content of lessons dealing with sexual development and be given opportunities to view materials that will be used.
- We will answer any questions that parents may have about the sex education of their child
- We will take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for sex education in the school

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Head teacher, and make it clear which aspects of the programme they do not wish their child to participate in. The school always complies with the wishes of parents in this regard.

**Governors:**

Governors have a responsibility to ensure that this policy is kept up to date and reviewed on a regular basis.

**All staff:**

All staff at the school will strive to create an atmosphere where questions about sexuality and relationships can be asked without embarrassment on either side, and in which children know their anxieties and concerns will be listened to and addressed. Staff will treat all children with respect and dignity and with an understanding of individual needs.

**The role of other members of the community:**

We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, give us valuable support with our sex education programme.

Staff consultation- November 2013

Governor consultation - November 2013

Parent consultation - December/January 2013/14

Review date - July 2020

Signed.....Chair of Governors Mrs Diaine Jee.      Date 12.7.17