SCARF PSHE THEMES

SCARF's online resources support primary schools in promoting positive behaviour, mental health, wellbeing, resilience and achievement - giving them everything they need to meet health education and relationships education requirements.

SCARF provides the framework for a whole-school approach to improving children's wellbeing and progress, based on five values: safety (S), caring (C), achievement (A), resilience (R) and friendship (F)

School Overview

	EYFS	Year 1-6	
	Nursery & Reception		
AUT 1	Health & Wellbeing	Health &	Health &
	Healthy Lifestyles	Wellbeing	Wellbeing
		Healthy	Healthy
		Lifestyles	Lifestyles
		Keeping safe	Keeping safe
		Growing &	Growing &
		changing	changing
AUT 2	Relationships:	Healthy	Healthy
	feelings & emotions	relationships	relationships
SPRING 1	Health & Wellbeing	Feelings &	Feelings &
	Healthy Lifestyles	emotions	emotions
SPRING 2	Relationships:	Valuing	Valuing
	feelings & emotions	differences	differences
SUMMER 1	Health & Wellbeing	Living in the	Living in the

	Healthy Lifestyles	wider world: rules, rights and responsibilities	wider world: rules, rights and responsibilities
SUMMER 2	Relationships: feelings & emotions	Living in the wider world: caring for the environment; money	Living in the wider world: caring for the environment; money