

Autumn Menu

Week 1

Monday

Chinese chicken curry, wholegrain rice & prawn crackers (W,Mu,Cr)

Broccoli, pepper, Pak choi chow Mein (W,E)

Yeo valley yoghurt (Mi)

Tuesday

Pancetta, butternut squash, pea & leek Mac N Cheese with ciabatta

(Mi,W,Su)

Veggi sausage & Tomato pasta bake (So,W,Mi,)

Fresh fruit

Wednesday

Mini fillet burger in a brioche bun, iceberg & mayo with herb diced
potatoes (E,W,Mi)

Veggi burger (So,W,E,Mi)

Fruit trifle (M,W)

Thursday

Roast chicken breast, roast potatoes, carrots, swede & broccoli (Ce,W)

Veggi roast (W,Ce,So)

Apricot & sunflower flapjack

Friday

Battered pollock fillet, mashed potato & baked beans (F,W)

Veggie Swedish meatballs, peas & mash (So,W,Mi)

Fresh fruit

Autumn Menu

Week 2

Monday

Sausage ,sweet potato & corn on the cob traybake (W,Su)

Jacket potato with beans & cheese (M)

Fresh fruit

Tuesday

Beef spaghetti Bolognese with garlic bread (W,Mi,Ce)

Margherita pizza with wedges & salad (W,Mi)

Black cherry brownie (Mi,W)

Wednesday

Ham and cheese panini, slaw & chunky oven chips (Mi,W)

Veggi dippers (W)

banana & oat muffin (E,W)

Thursday

Slow roasted pork & root vegetables, roast potatoes & broccoli
(W,Ce)

Veggi toad in the hole(E,W,Mi,So)

Fresh fruit

Friday

Fish star with buttered penne & peas (F,W)

Veggi bolognese (So,W,Ce)

Lemon & yoghurt pound cake (E,W,Mi)